



31 March 2009
"THE LP DOESN'T WORK FOR ME"
By John Sayer

Introduction

A web space has now been created for those who would like to share their experiences of the lack of success of a 'treatment regime' entitled the Lightning Process without being made to feel it is somehow their own fault. See [LP DOESN'T WORK FOR ME](#).

Intimidation

It is self-evident that open, transparent and honest discussion is essential for the advancement of knowledge for the benefit of all.

There is a trend these days, however, for debate on all manner of topics to be stifled by not only discouragement but also in some cases by intimidation, harassment and even the threat of lawsuits.

I have had personal experience of this in the past with a certain cult-like organisation and I find it highly disturbing to see this gagging of discussion now rearing its head in the M.E. community.

Whatever the declared motivation behind it, the caution to M.E. sufferers undertaking certain psychosocially-based 'therapies' or 'training' that to maintain contact with other sufferers who are *not* following the regime in question will prevent their recovery because they are "doing M.E." clearly prevents the honest exchange of information and knowledge.

It is also clear that laying the blame for becoming and/or remaining ill on patients themselves (except in obvious cases of self-harm) is unacceptable in a so-called enlightened and educated society.

Inappropriate Treatment/Miracle Claims

Support groups and networks exist because they are needed. They are needed by patients and carers because the vital support one should expect from a civilised society is despairingly lacking at an official level, where avarice and abrogation of responsibility appear to have supplanted a duty of care towards the helpless and vulnerable among us.

There are those for whom particular 'treatments' do not work. These patients are made to believe not that the treatment is clearly inappropriate or just plain ineffective in their case, but that they are 'not doing it' properly - in other words, that it is their own fault (despite having parted with a considerable sum of money

which could perhaps have been used in a more helpful way) that they are not getting any better.

This is a circular argument, from which there is no escape. This can very easily lead to despair from which there is also no escape.

The UK media, especially the press, are currently saturated with 'miraculous' claims - whether in the form of articles or letters ostensibly from the general public - that LP 'cures' M.E. Noticeably absent from this evangelism, however, are comments from those for whom it has *not* been successful. Those patients voices are *not* being heard.

For this reason, inspired by the accounts I have read of what is happening in another country (with similar developments, apparently, creeping into my own), I have created a web space where people can share their experiences of the lack of success of a 'treatment regime' without being made to feel it is somehow their own fault.

[SEE LP DOESN'T WORK FOR ME](#)

Please feel free to share your experiences there. Contributions should be e-mailed to john23@sayer.abel.co.uk

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