

Table 1 Symptoms, systems and organs affected by overlapping syndromes of uncertain origin.

SYMPTOMS	OPs	GWS/I	MCS	FMS	CFIDS	MS	HIV/AIDS
JOINT PAIN	+	+	+	around joint area	+	+	+
FATIGUE	+	+	+	+	+	+	+
HEADACHE	+	+	+	+	+	+	+

MEMORY PROBLEMS	+	+	+	+	+	+	+
SLEEP DISTURBED	+	+	+	+	+	?? due to medicines	+
SKIN PROBLEMS	+	+	+	+	+	burning skin	+
CONCENTR^N PROBLEMS	+	+	+	+	+	+	+
DEPRESSION	+	+	+	+	+	+	+
MUSCLE PAIN	+	+	+	+	+	+	+
DIZZINESS	+	+	+	+	+	+	+
G.I. - Irr. Bow.	+	+	+	+	+	+	+
PERIPH PARESTHES/ TINGLING	+	+	+	+	+	+	+
CHEM/ENVIR SENSITIVITY	+	+	+	+	+	Reported	-
EYE PROBLEMS	+	+	+	+	+	+	+
ANXIETY	+	+	+	+	+	+	+
TACHY&/OR CHEST PAIN	+	+	+	+	+	+	+
BREATHING PROBLEMS	+	+	+	Reported	+	+	+
LIGHT SENSITIVITY	+/-	+	+	Reported	+	+	-

Key: + symptom(s) present; - symptom(s) absent. OP = Organophosphate Poisoning; GWS/I = Gulf War Syndrome/Illness; MCS = Multiple Chemical Sensitivity; FMS = Fibromyalgia Syndrome; CFIDS = Chronic Fatigue Immune Dysregulation Syndrome = ME/CFS, myalgic encephalomyelitis/chronic fatigues syndrome; MS = Multiple Sclerosis; HIV/AIDS = Human Immunovirus/Acquired Immune Deficiency Syndrome.

Table 2. 25% Group Questionnaire Responses: Random Sample (437) 66% of Membership. Responses as Percentages of Total Sample

Procedure	Helpful	Unhelpful
Person-centered Counselling	54	46
Psychotherapy	10	90
CBT	7	93

GET	5	95
Pacing	70	30
Alternative Therapies	60	40
Symptomatic Care Management	73	27
Pain Management	75	25

Figure1. Inter-relation of several Syndromes of Uncertain Origin

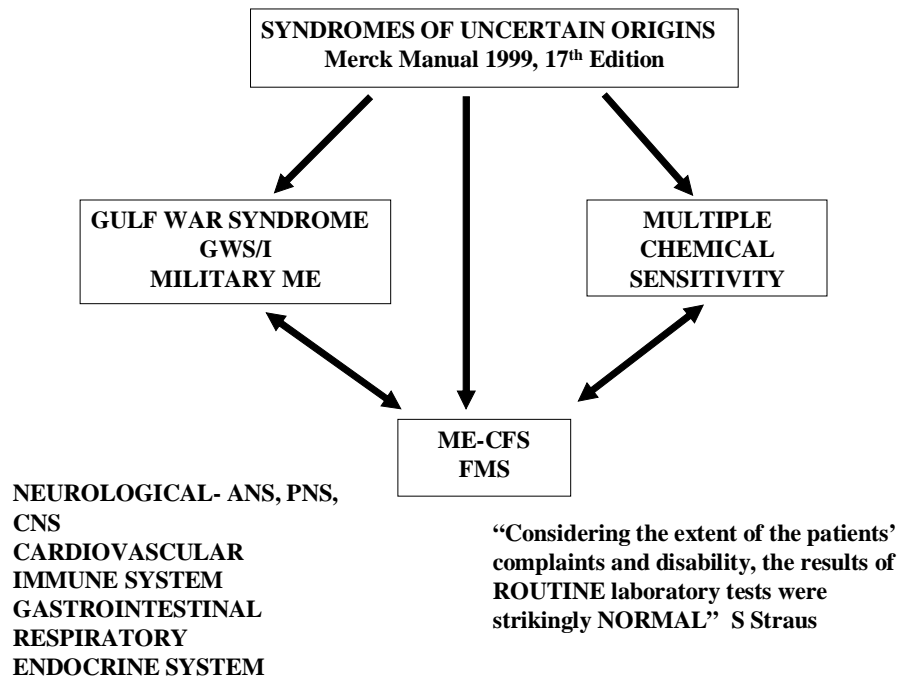
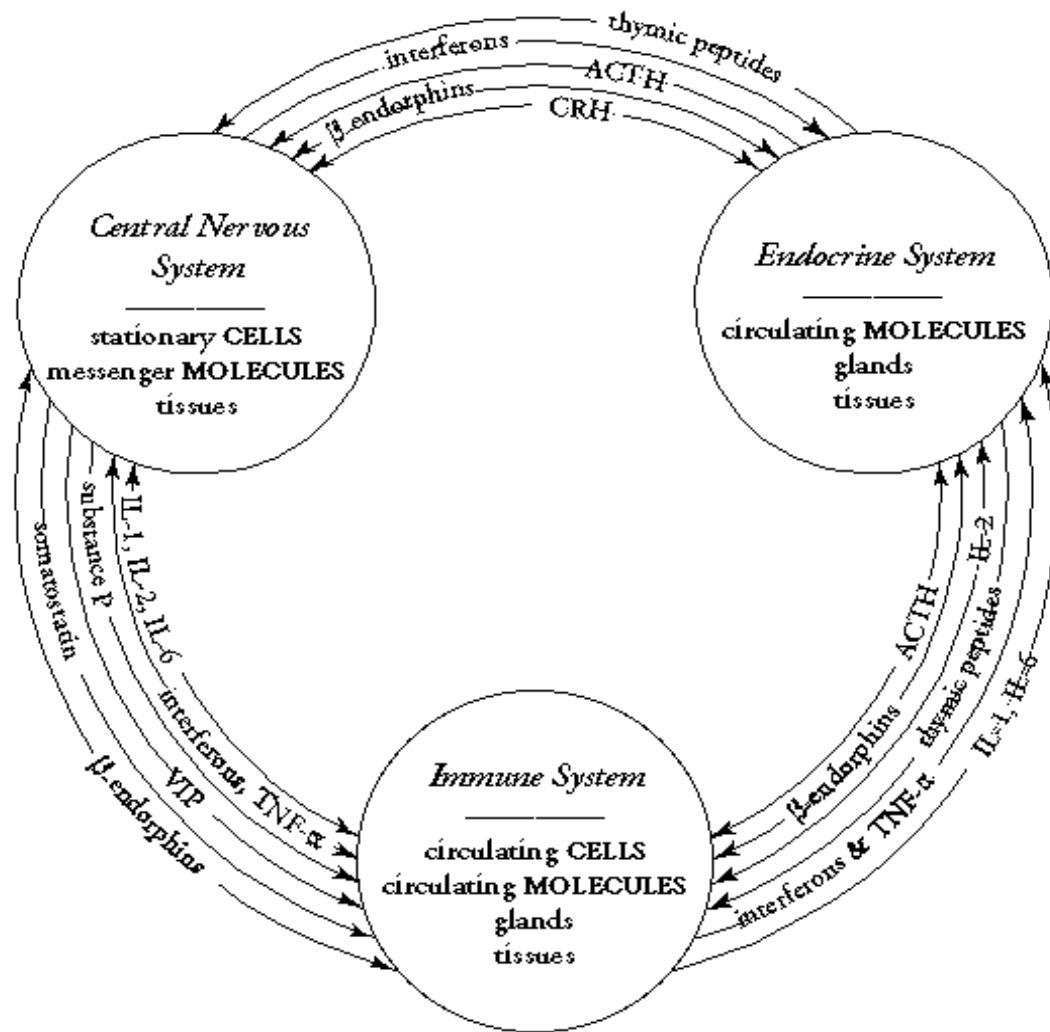


Figure 2. The NEI Comprehensive Integrative Defence System ⁴



Abbreviations: ACTH, adrenocorticotrophic hormone; CRH, corticotropin-releasing hormone; IL, interleukins; TNF, tumor necrosis factor alpha; VIP, vasoactive intestinal peptide.

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